

TITANS

MUAY THAI GYM

KIDS/TEENS CLASSES

Located in Yeerongpilly



TINY TITANS 5 - 7yrs

Jnr TITANS 8 - 11yrs

TEEN TITANS 12 - 15yrs

MUAY THAI
BOXING
S&C (HIIT)



FITNESS
CONFIDENCE
CO-ORDINATION
SELF ESTEEM

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