

Young Carers

we want to hear from you!



Henry – carer to his mother

Are you under 25 years old and provide support to a family member or friend living with a disability, long-term health condition, mental health condition or problems related to old age?

Wellways is looking to develop a Young Carer Program and we need your help.

As a young carer, you understand the needs associated with your caring role – you are the expert!

We're inviting you to share your experience of being a young carer over morning or afternoon tea and help us develop a program designed specifically for young carers.

As a thank you, all participants will receive a \$30 gift card for your time and feedback.

Consultations will be over Zoom

17 years and under:

22 September, 10am

24 September, 2pm

18 – 25 year old:

23 September, 10am

25 September, 2pm

To register contact Claire Evans

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0434 296 172

wellways

 **Carer
Gateway**
An Australian Government Initiative

Wellways has been supporting carers for the past 40 years and continue to do this across Queensland and the New South Wales regions of South West Sydney and Nepean Blue Mountains via Carer Gateway. We look forward to supporting your carer journey.

